

**Subject:** Medical Exemption from Immunization

**Authority:** N.C.G.S. 130-A – 156 Medical exemption  
15 NCAC 19A .0404 Medical exemptions from Immunization

**Effective:** March 1, 2004

**Policy:** Medical exemptions must be documented in writing and must include the basis of the medical exemption, the specific vaccine or vaccines involved, and the length of time the exemption will apply to the individual. Medical exemptions must be signed by a physician (MD or DO) licensed to practice in the state of North Carolina. Medical exemptions written by non-physician health care providers such as nurse practitioners and physician's assistants must be co-signed by a physician. Exemption guidelines follow the most current General Recommendations of the CDC's Advisory Committee for Immunization Practices (ACIP). Only the State Health Director or his designee may approve medical exemptions for a contraindication that is not recognized by ACIP.

**Forms:** DHHS 3987 Medical Exemption Statement  
DHHS 3995 Physician's Request for Medical Exemption

**Corresponding documents:** Procedure for Requesting Medical Exemptions from Immunization.

Approved by: Pat Lowery Date: 6/4/07

Revised: 6/07  
Review: 6/08